## Self-Reflection Assignment: Non-Capitalist/Alternative Capitalist Activities

Category	F (Unsatisfactory)	D (Below Average Work)	C (Average Work)	B (Excellent Work)	A (Superior Work)
Quality of Autoethnography (Reflection)			Some insightful reflection; basic connection to course themes.	In-depth reflection; strong connection to course themes; demonstrates clear understanding.	Exceptional reflection; profound connection to course themes; showcases critical thinking and originality.
Clarity and Structure	Poorly structured; unclear and difficult to follow.	Some structure; lacks clarity in presentation.	Generally clear and structured; flows well.	Well-structured and clear; flows well with coherent arguments.	Exceptionally clear, structured, and engaging; flows seamlessly with outstanding organization.
Introduction	No introduction provided or fails to contextualize the topic.		Basic introduction; provides some context to the topic.	Clear and concise introduction that contextualizes the topic well.	Exceptional introduction that thoroughly contextualizes the topic and its relevance.
Overview of Topic	No overview provided.		Clear but basic overview of involvement; discusses challenges minimally.	Clear and insightful overview of involvement; highlights relevant challenges.	Extremely clear and insightful overview; showcases deep reflection on involvement and challenges.
Findings Report	No findings reported; lacks insights from the self- reflection.	Limited findings reported; minimal insights.	Basic summary of findings; lacks depth.	Clear and insightful summary of findings; highlights key points effectively.	Profound and detailed summary of findings; showcases deep understanding and critical insights.
Discussion	No discussion of findings in relation to course themes.	discussion; lacks	Basic discussion; connects findings to course themes at a surface level.	Clear and thoughtful discussion that links findings to broader course themes.	Exceptional discussion that deeply explores the connections between findings and course themes, showcasing original thought.
Connection to Course Readings	No references to course readings.	Makes reference to 1 course reading; used somewhat incorrectly.	References 2-3 course readings; used correctly.		References 6 or more course readings; all used correctly and expertly integrated into the analysis.
Quality of Use of Readings	No evidence of proper use of readings.	Limited use of readings; lacks depth and relevance.	Basic use of readings; somewhat supports the reflection.	enhances the reflection	Exceptional use of readings; deeply integrates them into the reflection, showcasing original thought.
Organization/Project/	No understanding or unclear description of the organization/project/activity.		Basic understanding; provides a general description of the organization/project/activity.	Clear understanding; provides detailed information about the organization/project/activity and its relevance to course themes.	Profound understanding; thoroughly describes the organization/project/activity, connecting it deeply to course themes and broader issues.
Motivation for Involvement		Limited insight into personal motivation; lacks depth.	Basic insight into personal motivation; describes some factors for involvement.	Clear insight into personal motivation; provides a thoughtful analysis of reasons for involvement.	Exceptional insight; deeply explores personal motivations and ongoing engagement, linking it to broader social issues.
Lessons from Experience	No lessons or insights shared; lacks relevance.	charod, minimai	Basic lessons shared; relates some insights on overcoming challenges.	Clear lessons shared; provides	Profound lessons shared; offers deep insights and reflections on success and overcoming challenges, linked to broader themes.