

# Food and Culture

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CULTURAL SIGNIFICANCE OF A FOOD BLOG/ESSAY



# Cultural Significance of a Food Blog/Essay (600-1000 words):

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Students are invited to participate in the [Roots and Recipes initiative](#) by creating a recipe and preparing a meal to bring and share at the Taste Around the World: Food Festival on February 11th.

The blog must critically analyze the cultural relevance of the food item they prepare, exploring cultural practices, beliefs, attitudes, and the networks and institutions involved in its production, distribution, and consumption. Students will provide a recipe for the dish they prepare and reflect on the significance of the food within specific cultural contexts. sources.

The blog must be written in a clear, concise, and engaging manner, addressing an appropriate audience with a basic understanding of food systems and cultural studies. Although the format is a blog, the content must be based on research rather than personal opinion. To achieve an A grade, the blog must include references to at least six course readings. Students with production skills may choose to create a video or podcast instead of a blog; however, this alternative must be approved by Professor Erik beforehand.



# Choose a Food Item

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IT COULD BE A WHOLE FOOD OR AN INGREDIENT.

# Cultural Significance of Food Assignment

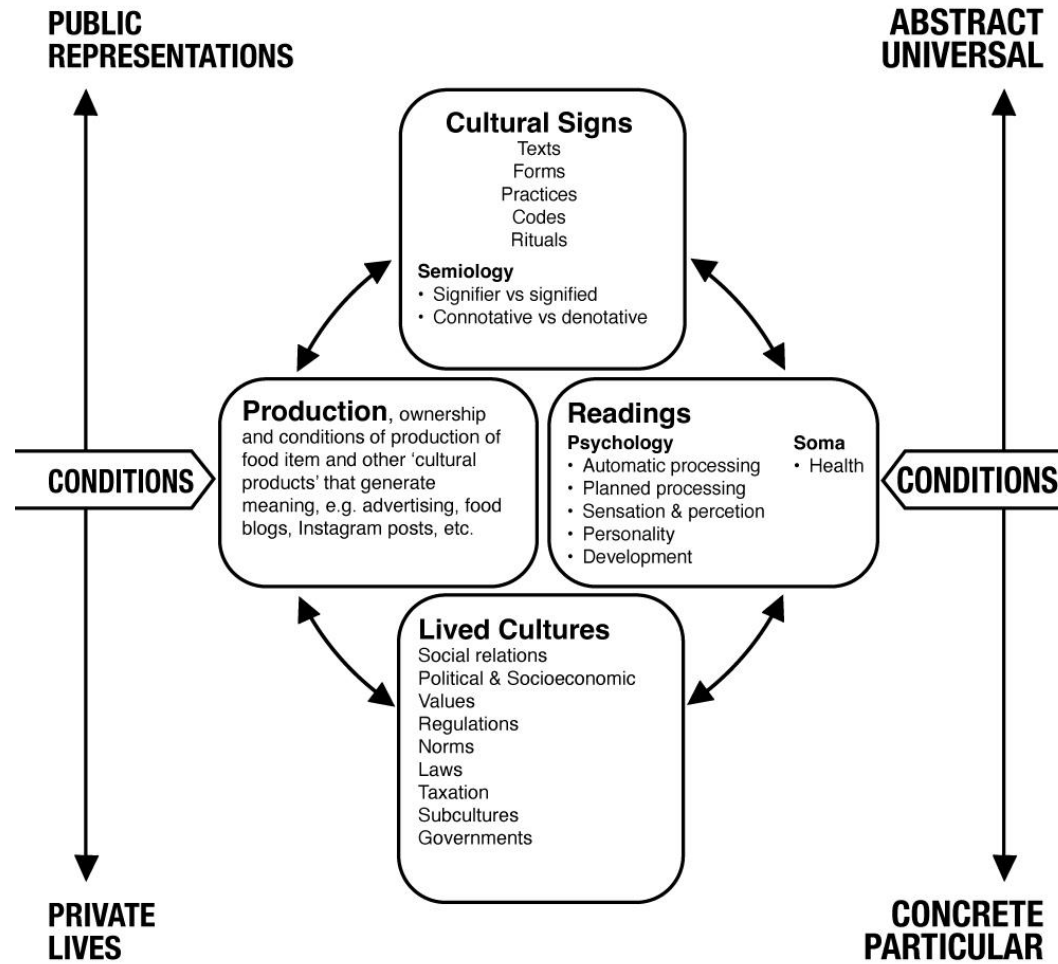
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**Main Question: What is the cultural significance of your food item?**

Food culture refers to the practices, attitudes, and beliefs as well as the networks and institutions surrounding the production, distribution, and consumption of food.

It encompasses the concepts of foodways, cuisine, and food system and includes the fundamental understandings a group has about food, historical and current conditions shaping that group's relationship to food, and the ways in which the group uses food to express identity, community, values, status, power, artistry and creativity. It also includes a groups' definitions of what items can be food, what is tasty, healthy, and socially appropriate for specific subgroups or individuals and when, how, why, and with whom those items can or should be consumed.

[Source Dr. Long](#)



# Suggested Structure

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Hook/Introduction

Main argument

Support

Evidence

Address counter-evidence

Hook/Conclusion

# Rubric

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[Visit This Link](#)

[Example of Blog Post](#)