

# Food and Culture

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DISCUSSION

# Question

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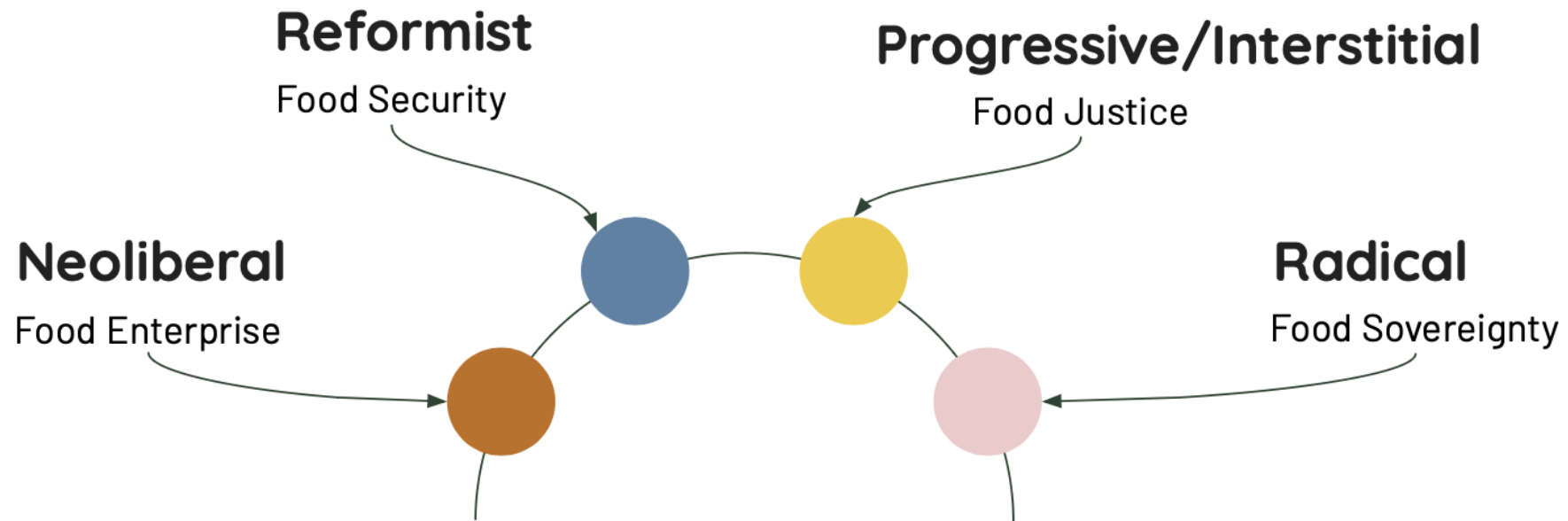
1 - What are ways to create conditions of (community, regional, national, global) food sovereignty, food security and food justice?

2 - What are problems with our current food system? How can we address these problems at an individual level, community, regional, national, and global level?

# Food System Change

**CORPORATE FOOD REGIME**

**FOOD MOVEMENTS**



Holt-Gimenez, E. (2017) A Foodie's Guide to Capitalism: Understanding the Political Economy of What We Eat, Monthly Review Press, New York.

# Gibson Graham – Take back the Economy

*Gibson-Graham, J.K., Cameron, J., Healy, S. (2013) Take Back the Economy: An Ethical Guide for Transforming Communities, University of Minnesota Press*

| LABOR   | TRANSACTIONS  | PROPERTY  | ENTERPRISE  | FINANCE  |
|---|---|---|---|--|
| Wage  | Market  | Private   | Capitalist  | Mainstream Markets   |
| <b>ALTERNATIVE PAID</b><br>Self-employed<br>Reciprocal labor<br>In-kind<br>Work for welfare | <b>ALTERNATIVE MARKET</b><br>Fair trade<br>Alternative currencies<br>Underground market<br>Barter               | <b>ALTERNATIVE PRIVATE</b><br>State-managed assets<br>Customary (clan) land<br>Community land trusts<br>Indigenous knowledge<br>(Intellectual Property) | <b>ALTERNATIVE CAPITALIST</b><br>State owned<br>Environmentally responsible<br>Socially responsible<br>Non-profit | <b>ALTERNATIVE MARKET</b><br>Cooperative Banks<br>Credit unions<br>Community-based financial institutions<br>Micro-finance |
| <b>UNPAID</b><br>Housework<br>Volunteer<br>Self-provisioning<br>Slave labor                 | <b>NON-MARKET</b><br>Household sharing<br>Gift giving<br>Hunting, fishing, gathering<br>Theft, piracy, poaching | <b>OPEN ACCESS</b><br>Atmosphere<br>International Waters<br>Open source IP<br>Outer Space   | <b>NON-CAPITALIST</b><br>Worker cooperatives<br>Sole proprietorships<br>Community enterprise<br>Feudal<br>Slave   | <b>NON-MARKET</b><br>Sweat equity<br>Family lending<br>Donations<br>Interest-free loans                                    |

# Things to Consider

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Desirability

Viability

Achievability as a System





# Contradictions

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- Labour vs food price
- Growing time vs productivity.
- Food donations vs sales.
- Farmers markets vs increased labour.
- Volunteers and paid workers.
- Free labour vs viability.
- Farm space vs labour hours vs productivity.
- Indigenous reconciliation/reparations vs land use.
- Community involvement vs community interest.
- Soil building vs time.
- Animals vs care.
- Funding sources vs stability.
- Community value vs profit.
- Internal conflicts vs organizational stability.
- Democracy vs efficiency.
- Food waste vs sales vs donations.
- Administrative assistance vs hinderance.
- We cannot feed the entire community but can inspire others to create new projects.